MG Valley Coastal Bend Saturday Afternoon Event

Unity4Christ

Spiritual significance:

1 Corinthians 12: 17-20

If the whole body were an eye, where were the hearing? If the whole were hearing, where were the smelling? But now hath God set the members every one of them in the body, as it hath pleased him. And if they were all one member, where were the body? But now are they many members, yet but one body.

Ecclesiastes 4: 9-10

Two are better than one; because they have a good reward for their labour. For if they fall, the one will lift up his fellow: but woe to him that is alone when he falleth; for he hath not another to help him up.

Objective: Have pathfinders know that we are all different but can work together for Christ. We must work together as a team to finish preaching the gospel all over the world.

1. The longest shadow

- In this activity, the team is tasked with forming shadows in order to create the longest one they can. The team shadow must be continuous and created only by positioning themselves to create the longest shadow they can using only their bodies.
- The team receives 5 minutes of planning time. During this time, they cannot test out their plan but can only have a verbal discussion.
- Once the planning time is over, they have 10 minutes to test and execute their plan to create the longest shadow.
- At the end of the allotted 10 minutes, the facilitator will measure/check their shadow.
- If there is more time, you can try the variations on this activity (listed below).

Rules

- The shadow that is created by the team must be unbroken ex. the individual shadows must connect or overlap with each other.
- The shadow must be created only using people, not props e.g. the team has to position themselves to create longer shadows, and other items such as clothing, shoes etc cannot be used.

Variations

- Challenge the group to form the largest/longest perimeter of a shape (e.g. star, rectangle or circle)
- This activity can also be done in pairs to find the longest shadow created by two people.

Duration: 15-20 minutes

Materials:

Measuring tape

2. Hole-in-a-tarp Challenge

- Challenge the team to hold different sizes of tarps and have the ball avoid the holes in the tarps
- The team can also match the same-colored ball with same color lining of the hole.
- Observe teamwork within the team.
- Duration: 10-15 minutes Materials:
 - 3 tarps of different sizes (small, medium, large)
 - Balls (golf balls, tennis balls, etc.)
 - Duct tape of different colors to line the holes in the tarps.

3. Rope Handcuff Challenge

- Can be done in teams of 2 or 3 or 4.
- Attach the rope's both ends to each pathfinder's hands. Entangle this rope on the rope of another pathfinder.
- Objective: Separate the ropes.
- Duration: 10 to 15 minutes

Materials:

2 (50 feet) Rope.



4. Guiding the ball

Make a line of female pathfinders and another line of male pathfinders. Have them guide the ball between their legs. The last person runs to become the first person and with each turn they move back one position. The team wins when the original first person comes back to the front.

Duration: 10 to 15 minutes

Materials:

- Soccer ball
- Basketball
- Tennis ball

Backup Activity:

5. Blindfold Tent Building Challenge

Blindfold 5 pathfinders and 1 pathfinder with no blindfold will be giving instructions to them on how to make the tent.

Duration: 10-15 minutes

Materials:

- 5 blindfolds vs. 10 blindfolds
- 1 tent vs. 2 tents

